



## About

Think Weeks provide you with the opportunity to spend anywhere between two and five nights to reflect, introspect and be supported in an environment which is all about personal development and growth.



# THINK WEEK AT THE FLANDRIEN HOTEL

## Contact

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## Hosts

**Jamie Anderson** is Professor of Leadership & Strategy at Antwerp Management School, and Visiting Professor at INSEAD. Jamie has been named as a “management guru” in the Financial Times, and has also been included on a list of the world’s “top 25 management thinkers” by the journal *Business Strategy Review*. A competitive Masters cyclist, Jamie is currently European Champion in the Time Trial discipline.

**Bernard Moerman** is Associate Lecturer in Leadership at Antwerp Management School, an executive coach, two-time TED Speaker and consultant in the field of Organizational Change and Lifelong Learning. Prior to shifting his focus to the corporate sector, he spent more than two decades as a talent manager, coach, mentor and Team Director in the world of elite-level cycling.

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*“Jamie and Bernard bring a depth of experience that is unique in the world, combining leadership, coaching skills and academic credibility with a deep passion for cycling.”*

*Michael Rogers, Three Time World Champion & Innovation Manager UCI*

## Outcomes

- Enhanced creativity and innovation
- Deep focus on strategic goals
- Problem-solving without distractions
- Reflection on personal & professional growth
- Increased productivity and efficiency
- Improved decision-making
- Opportunity for long-term planning
- Mental rejuvenation and reduced burnout
- Enhanced self-awareness
- Potential for breakthrough ideas
- Enhanced physical and mental wellbeing

## Location

Think Weeks are held at the Flandrien Hotel which is located in Brakel in the heart of the region of the Tour of Flanders.

The hotel is in easy reach of cobble roads and iconic climbs such as De Muur, Oude Kwaremont, Bosberg, Paterberg and Koppenberg.

The region is also a paradise for hikers and runners.

**[www.flandrienhotel.com](http://www.flandrienhotel.com)**



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*“The Flandrien Leadership Program is a life changing experience that inspires you to have self-belief and to pursue your talents and your passions. It helps you to understand the true meaning of leadership, and what it means to live with purpose.”*

*Shaun Rolls, Sweden*

## Approach

- Daily cycling in the beautiful Flemish Ardennes
- Facilitated peer-discussions during rides and evening coaching sessions
- Evening networking and fireside chats with inspiring guest speakers
- Opportunity for one-on-one coaching sessions
- Healthy and delicious meals
- Team cooking opportunities

## Region

A trip to the Flemish Ardennes is a pilgrimage to cycling's most hallowed grounds. It is a land where natives like Eddy Merckx, Johan Museeuw and Tom Boonen became legends.

Guests can take day trips to beautiful and historic cities such as Ghent, Oudenaarde, Ypres and Brugges.

The Flandrien Hotel is within easy reach of Brussels National Airport & Charleroi Airport, with train connections via Brussels Midi Station. Transfers can be arranged.